

# The Caravan

February 2012

*Interim Pastor's Reflections on*  
**Transfiguration & Transformation**



The Rev. Dr. Deb Lind-Schmitz

Lent begins on Ash Wednesday, February 22 this year. However, before we enter into our forty day journey to the cross, the lectionary reading takes us to the mountaintop. On the last Sunday of epiphany, disciples see the Light radiate from Christ. Transfigured in this divine moment, the Light of God is revealed in Jesus. Transfiguration Sunday is always scheduled three days before Lent to give us a glimpse of the Risen Christ. So, as we travel down the mountain to live in the valleys and plains of Lent, we will be spiritually prepared. For on Easter, congregations will see the radiant Christ again shining with God's glory.

Peter said on the mountain, "It is good to be here." (Mark 9:5) I agree. On Ash Wednesday, there is a different type of Lenten preparation. Traditionally, ashes are placed in the form of a cross on foreheads or hands. This year the ashes will be mixed with oil for spiritual and practical reasons. Ashes represent repentance and oil healing. An added

component this year will be the opportunity to place your Lenten promises and prayers on the cross. If you have a prayer of confession, a promise you would like to make for Lent write it on the piece of paper provided that night. And, place it on the nail on the cross. If your promise is to give up a bad habit and take on a good habit, it is between you and God. However, participating in a prayerful pledge can be powerful when it is public.

Henri Nouwen once wrote "even though following Jesus might be a more and more hidden journey for me, I do not think it should ever be a private journey. 'Laying down your life for your friend' is what Jesus asks of me." For me, that includes communicating as honestly as possible the pains and the joys, the darkness and the light, the fatigue and the vitality, the despair and the hope of going with Jesus to places where I would rather not go. By giving words to these intimate

## February Highlights

### Sunday, February 12

- Annual Meeting Convening at 9:30am
- Heifer International Mini-Market in Bradfield Cafe follows meeting

### Sunday, February 19

- Trash 'n Treasure Collections Begin!

### Ash Wednesday, February 22

- Supper at 5:30pm & Worship at 6:15pm

### Sunday, February 26

- Youth Led Worship

## Sunday Schedule

Worship.....	8:30am
Bradfield Cafe.....	8:00am-10:45am
Sunday School.....	9:40am-10:30am
Covenant Programs for Adults...	9:40am-10:30am
Worship.....	10:45am
<i>Nursery care is provided for children under three years.</i>	

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experiences I can make my own life available to others and thus become a witness to the word of life whom, "I have heard, seen with my own eyes, watched and touched with my own hands."

During these 40 days of Lent, may God transform our hearts one day at a time.

# Elders & Deacons 2012

## Session

Ann Athas, Brad Brown,  
Peggy Bugg, Lisa Davis,  
Gordon Durand, Laurie Jones,  
Art Kanitz, Alicia Mundy,  
John Norman, Greggar Petersen,  
Sylvia Poppelbaum, Hal Rebholz,  
Bob Schaefer, Melissa Schmidt,  
John Strikwerda, Janice Walden

## Deacons

Nina Browning, Rebecca & Winfred Byrd,  
Sharon & Barney Clark, Barb Danahy, Andrea  
Diaczun, Friedemarie Farrar, Lesley Galway,  
Melissa Hardy, Julie Heinze, Evelyn Jennings,  
Dennis Joosse, Susan Kau & Randy Zirk, Barb &  
Larry Larsen, Gwen Long, Barbara McCall,  
Nancy McCulley, Amy Poland, Steve Resan,  
Barbara Rewey, Kate Sebastian, John Swartz,  
MaryTibbitts, Lori Voss, Nola Walker, Patty West,  
Cheryl & Tom Wise, Kathie Zaremba

## Staff

Interim Pastor, Deborah Lind-Schmitz.....dlschmitz@covenantmadison.org  
Pastor Emeritus, William T. King  
Youth Ministries, Steve Royaltan.....sroyaltan@covenantmadison.org  
Children’s Ministries, Donna Monson.....dmonson@covenantmadison.org  
Parish Nurse, Mary Ircink.....mircink@covenantmadison.org  
Melissa Hinz, Music Coordinator / Adult Choir Director.....mhinz@covenantmadison.org  
Elizabeth Larget, Interim Children’s Celebration Choir Director  
Organist, Douglas McNeel.....dmcneel@covenantmadison.org  
Office Administrator, Mary Kieta.....mkieta@covenantmadison.org  
Admin. Asst./Financial Sec., Steven Webster.....swebster@covenantmadison.org  
Communications Coordinator, Molly H. MacVenn.....mmacvenn@covenantmadison.org  
Custodial Staff: Dave Johnson & Eddie Quinn

## Mission Statement

Claimed and humbled by God’s grace, we are disciples journeying in covenant with God and one another. Our disciple-forming community is called to worship and pray together; to cultivate deep and nurturing reciprocal relationships; to minister faithfully in our daily lives; and to warmly welcome all into our fellowship as we seek a Christ-centered life. We cannot journey alone; we need one another. Together, with hearts, minds, and arms wide open, we reach out to others in love.

## Church Office

Monday-Friday, 9:00am-5:00pm  
Phone: 608-233-6297  
Fax: 608-233-6489  
Web: www.covenantmadison.org  
E-mail: info@covenantmadison.org

## Newsletter Deadline

March 2012 Issue  
Due Monday, February 20, 2012  
Articles can be e-mailed to Molly MacVenn, mmacvenn@covenantmadison.org or dropped off in the church office.

## Covenant Prayers

### Covenant Members:

Dee Baumann, Joe Benton, Keith Brink, Miriam Cervený, Nona Crist, Gene DeFoliart, Joni & Stretch Jaeger, Ron Koenig, Barb Larsen, Margaret Lehmann, Libby and Phil Lewis, Lila Lightfoot, Mike McCoy, Mike Morgan, Emma Myer, Lucy Phillips, Andi Ritchie, Jane Stark, Gerrie Treu and Oliver Williams

### Covenant Friends:

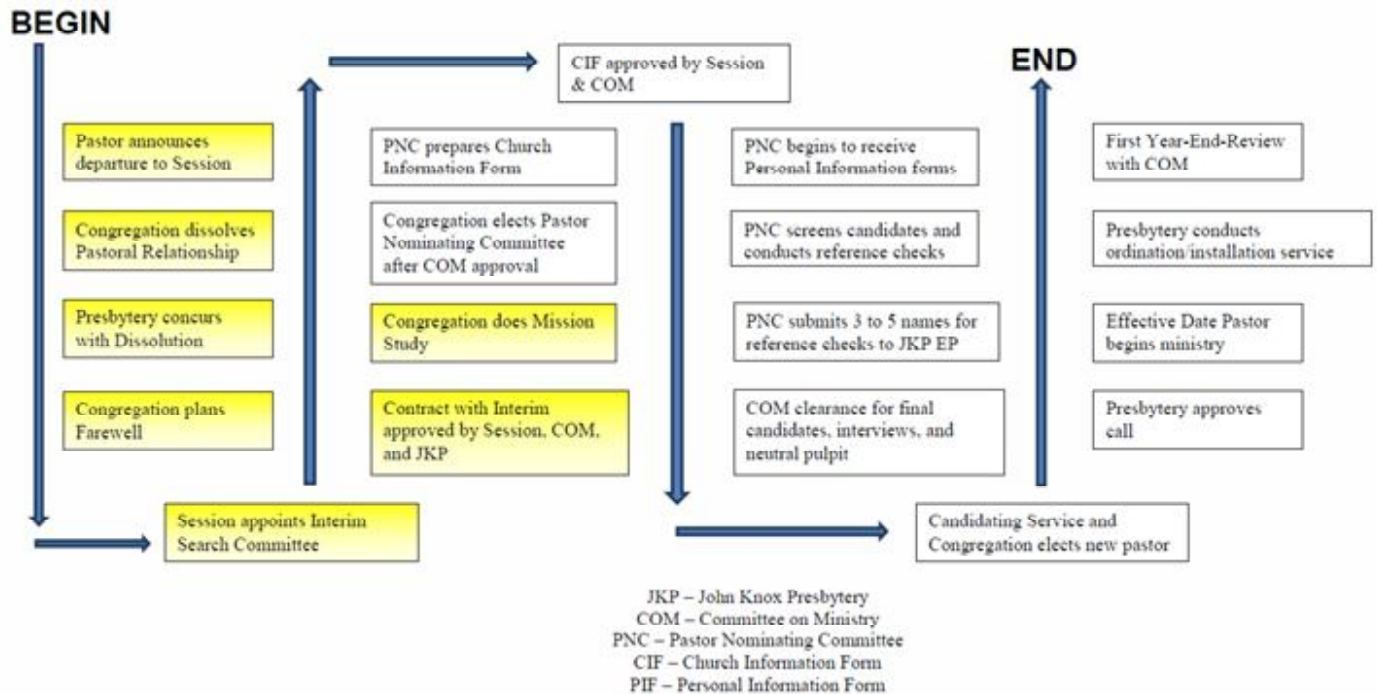
Tom Adams, brother of Marie Crist, Hildi Boeck, friend of Noel & Dick Pearson, The Rev. Stewart Brooks, friend of Cindy & Tom Blewett, Al & Georgia Bruggemeyer, parents of Nancy Gunder, Oscar Clark, grandson of Cindy & Tom Blewett, Theresa Collins, mother-in-law of Kayla Kohl, Susan Parsons Cook, friend of Deb Cohn, The Rev. Joe Corbin, member of the John Knox Presbytery, Colleen Crescenzo, niece of Jan & John Swartz, Paul Cutlip, friend of Marybeth Friske, Karen Daugherty, sister of Gail Hunt,

Michael DeSciscio, father of Tara DeSciscio-Fussell, Anu Divan, friend of Sally & Bob Lorenz, Juanita Doan, sister of Rose Severson, Gene Duran Sau, brother-in-law of Jan & Tom Schuster, Lucus Gamble, son-in-law of John & Linda Daly, Martha Grabbit, mother of Peggy Bugg, Amy Harkness, step-sister of Dan Gustafson, Steve Harrison, Covenant friend, The Rev. Roger Hawthorn, friend of Eileen & Gordon Durand, Cynthia & David Hershberger, parents of Linda Dolan, Gary Howe, father of Melissa Schmidt, Chon Hutchison, daughter-in-law of Ruth Hutchison, Lisa Jamison, daughter-in-law of Sally Jamison, Klaus Jugenheimer, father of Jacky Jugenheimer, father-in-law of Ingo Bensch and grandfather of Vincent and Constantin, Robert Kozarek, friend of Lynda Sharpe, Carolyn Kurtz, Covenant friend, The Revs. Neal & Carole Lloyd and family, Covenant friends, Brad Mahoney and family, nephew of Christy Straavaldsen, Jaci Maly, friend of Nancy McCulley, Pam McGaan, friend of Amy & Doug Poland, Dorothy Schaefer Mehring, mother of Bob Schaefer, Eric Miller, Covenant friend and missionary to Kenya,

Margaret Miller, friend of Friedemarie Farrar, Steve Munson, son of Sue Munson, Emilie Nguidjol, mother of Emilie Songolo, Lt. Co. Jeff O’Donnell, son of Cliff & Donita O’Donnell, Family of James Ogbeide, friends of Emilie Songolo, Anne Patten, sister of Alan Cormack, Jim Patten, friend of Eric & Kathy Wendorff, Neil Phelps, brother of Judy Stevenson, Carla Phillips, daughter-in-law of Lucy Phillips, Kathy Poutsch, friend of Hal Rebholz and family, Corp. Tyler Rascoe, grandson of Rose Severson, Ted Rebholz, cousin of Hal Rebholz and family, Sheryl Rocke, sister of Jan Swartz, Mary Sandman, friend of Donna Jean Phenix, Frederick Schlimgen, father of Kathy Schlimgen, Craig Schuff and family, friends of Nan & Bob Schaefer, Marsh Shapiro, friend of Dick & Noel Pearson, Art Srb, Covenant friend, Stew Sterling, friend of Kathryn Arndt, Jenny Stoffel, niece of Nancy & Dennis McMillen, Gary Van Ess, brother of Vicki Alexander, John Van Ess, brother of Vicki Alexander, Angel Vela and Pastor Edwin, Covenant friends in Guatemala, Ito and Jorgito Asencion-Talio

# Where Are You ?

## The Pastoral Search Process Is Progressing



1. **Mission Study Report (MSR)** was completed and presented to the session on January 24, 2012. Thanks to the very capable authors, John Strikwerda, Brad Brown, Ann Athas, Sally Lorenz and Laurie Jones, the report was finished over the holidays.
2. **Presbytery Approval of the Mission Study Report:** The final version of the MSR will be sent to the John Knox Presbytery for approval along with the request to form a Pastor Nominating Committee (PNC).
3. **Formation of a Pastor Nominating Committee:** If the John Knox Presbytery approves and recommends the formation of a PNC, the session will meet on February 28 to select seven to nine candidates from a list of interested members. Ruling elders will be receiving names of Covenant members through February 21. The PNC should represent the entire congregation and reflect Covenant's diverse demographic and varied ministries. There is a job description which outlines the many tasks and commitment required of a PNC. Please understand that you will need to dedicate time and energy to this search process, as you meet weekly for several hours. If you are interested in serving on the PNC, please talk to one of the elders or to me, the interim pastor.
4. **Congregational Meeting** to elect the PNC, pass the equal opportunity employment policy required by the John Knox Presbytery and to receive the mission study report. Hopefully, a congregational meeting will be called in March for the three purposes mentioned.
5. **Keep Covenant's session and the Presbyterian Church (USA) in your prayers as we plan for the future.**

### Cares, Concerns & Joys

Thoughts and prayers are with Chris Gomez Schmidt and family on the recent death of her grandmother, Frances Gomez; and with Leslie Blaize and family on the death of her father, H. Lee Schwanz. And, we celebrate with Leslie and her husband, Harold, on the birth of a granddaughter, Emma Elizabeth Rohrer, daughter of Jessie & Zac Rohrer.

# February 2012 Preaching Schedule

## Communion Sunday, February 5 at 8:30am & 10:45am

Fifth Sunday after Epiphany

Sermon: "The Bread of Life"

Preacher: Rev. Jessica Salt

Scriptures: Psalm 46, Luke 10:38-42

## Sunday, February 12 at 8:30am & 10:45am

Annual Meeting at 9:30am

Sixth Sunday after Epiphany

Sermon: "The Power of Love, I: More Than Skin Deep"

Preacher: Rev. Dr. Deb Lind-Schmitz

Scriptures: Psalm 30, Mark 1:40-45

## Sunday, February 19 at 8:30am & 10:45am

Transfiguration of the Lord

Sermon: "The Power of Love, II: Transforming"

Preacher: Rev. Dr. Deb Lind-Schmitz

Scriptures: 2 Corinthians 3:1-6, 12-18, Mark 9:2-9

## Sunday, February 19 at 2:00pm

Service of Healing & Wholeness

Preacher: Rev. Dr. Deb Lind-Schmitz

Scriptures: James 5:13-15, Luke 8:43-48

## Ash Wednesday, February 22

Preacher: Rev. Dr. Deb Lind-Schmitz

Scriptures: Joel 2:1-2, 12-17, Psalm 51:1-17,  
& Matthew 6:1-6, 16-21

## Sunday, February 26 at 8:30am & 10:45am

Youth Led Worship

Preacher: Rev. Nancy Enderle

## The Power of Love

For the month of February, I will preach a sermon series on "The Power of Love" not only because February 12<sup>th</sup> is Valentine's Day or because this national hallmark holiday mandates an occasional demonstration of love. Our earliest commandments call us to Love God and each other. The Hebrew daily prayer, the Shema includes the commandment to, "Love the Lord your God with all your heart, with all your soul and with all your strength (Deut. 6:5). When Jerusalem scribes debated which laws or commandments were primary, Jesus answered, "The first (commandment) is, 'Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and all your mind, and all your strength. The second (commandment) is this, 'You shall love your neighbor as yourself.' There is no other commandment greater than these." (Mark 12: 29- 30)

Christ has called us to revolutionize the world with actions of love. The radical love Jesus preached and lived applies to all of us. Jesus asked his followers to love their enemies and pray for those who persecute them (Matt. 5:44). As we near this Lenten season (Feb. 22), our scripture lessons demonstrate God's active love for us through Jesus the Christ. Let's explore the depth and meaning of the Power of God's Love".

## Service of Healing & Wholeness

Sunday, February 19, 2:00pm

"Shalom", the Hebrew word and blessing means "wholeness", "peace" and "completeness". During this meaningful and prayerful service, we will seek God's healing and wholeness, "Shalom for the Soul". Using the "The Service for Wholeness" in the Presbyterian Book of Common Worship, our casual group will gather in the sanctuary at 2:00pm for prayer, inspiration and healing. I will give a short reflection, "The Wholeness of Shalom" using both reading of James 5: 13-15 and Luke 8:43-48. Please join us as we remember the assurance of the Christ.

*"Your faith has made you well; go in peace"*

*Luke 8:48*



# Annual MEETING

*Sunday, February 12*

The Annual Meeting will convene on Sunday, February 12, 2012 at 9:30am in the sanctuary.

The agenda will include receipt of the Annual Reports, receipt of the 2012 Budget, election of the 2012 Nominating Committee, report from the Mission Study Task Force and approval of Gifts, Memorials & Bequests Committee's revised protocol.

## **We Need 13 Good Men (And Some Women, Too)!**

Do you enjoy acting? We are looking for actors to participate in upcoming Lenten dramas. Dramas will be on Wednesday evenings and Maundy Thursday. Each commitment would be for one service only. Please contact Pastor Deb via e-mail at [dlschmitz@covenantmadison.org](mailto:dlschmitz@covenantmadison.org) or 233-6297 if you are interested.

## **Lent Devotionals**

All congregation member and friends are invited to stop by the Coming Events bulletin board in the narthex (by the lounge) and pick up a daily Lent devotional.

For Adults: *Living in the Moment* takes a practical look at what we are called to do right now at this moment to live out the life that Christ has in mind for us.

For Older Elementary and Middle School Families: *Springs of Water* gives families a chance to experience the 'living water' of prayer and scripture to refresh their spirits.

For Preschool and Elementary Families: *Serve the Lord with Gladness* brings scripture, crafts, devotions, prayers, recipes, and puzzles together to provide a meaningful Lenten experience for serving Jesus with gladness.

## **Join The Caravan Newsletter E-mail List**

To subscribe to *The Caravan* e-mail list, simply send an e-mail to Molly H. MacVenn, Communications Coordinator, at [mmacvenn@covenantmadison.org](mailto:mmacvenn@covenantmadison.org) containing the words 'Caravan E-mail List' in the subject header. *The Caravan* newsletter is sent out as a PDF attachment approximately three days previous to the actual date on *The Caravan*.

## **Christmas Joy Offering Update**

Presbyterians have given generously to this fund for over 70 years. Last December our congregation assisted this tradition of generosity by giving \$3,600. Thank you!

## **2012 Flower Calendar**

The 2012 Sunday Flower Calendar is now posted on the bulletin board opposite the main office entrance. Flowers are a wonderful way to share family celebrations or remember a loved one. Sign up for your pick of new dates.

## **2012 Church Directory**

We will soon begin preparing for the publication of the 2012 Church Directory. Please take a moment to check your household's entry in the 2010 Directory and notify us of any updates you may not have already reported to the church office. Contact Mary Kieta at 233-6297 or [mkieta@covenantmadison.org](mailto:mkieta@covenantmadison.org). Thanks for helping our Covenant family to stay in touch!

## **Covenant Youth to Lead Worship February 26**

The band "Exodus" will be leading the music and our high school youth will have roles in worship at both services on Sunday, February 26.

## **Pray for Peace While Folding Origami Cranes**

Stop by the Bradfield Café every Sunday morning to fold origami peace cranes. Our goal is to make 1000 cranes which will be sent to the Hiroshima Peace Park in May 2012. Origami cranes are a symbol of peace, so everyone is encouraged to say a prayer for peace while folding the cranes. Traditional origami crane patterns and easier origami crane patterns will be available for all ages. Making 1000 origami peace cranes reminds us that peacemaking is a year around venture.

## **The "Projection System Team" Needs Volunteers**

We are looking for people high school age and up that would like to become a part of the team that operates the projection system during worship services. Having a basic understanding (i.e. lack of fear!) of computers and Power Point are necessary. The actual slide "shows" are done ahead of time. All you would need to do is come about 15 minutes prior to the service, fire everything up, and follow the pre-marked bulletin, then close everything down after the service. Contact Steve Roylton at [sroylton@covenantmadison.org](mailto:sroylton@covenantmadison.org) or 233-6297 for more information. You pick the Sundays and the services that work for you! Each person typically serves once every 6 weeks or so.

**The Road Home Thank You!**

This is a note from The Road Home to the volunteer managers who work with all the churches when they host IHN.

*“Happy New Year and thank you for all your support in 2011. The IHN shelter program could not function without all of our host churches and their buddy churches. With many families moving into housing, there has been a great need for items such as pots and pans and general household items. If possible, could you please announce this need through your congregation’s weekly bulletin or monthly newsletter. If you would like more information, please contact us at 294-7998 x306 or via e-mail at vol.mgr@trhome.org.*

*Once again, thank you for your continued support of The Road Home. We are very fortunate to have such a wonderful group of Coordinators and volunteers from your church.”*

Covenant would also like to thank Linda Schilling and Barb Danahy for leading this important ministry program.

**Updates on Covenant’s Guatemala Mission & Successful Silent Auction!**

Covenant Church is not sponsoring a one-week mission work trip to Guatemala for Covenant members and friends in January 2012. However, such a trip is planned for January 2013.

The successful Silent Auction for the Guatemala Mission on December 11, 2011 raised over \$1,500 for our mission work which will be used to help with Juan Calvino School in 2012. A warm thank you to all members and friends of Covenant who participated in and organized this successful event this past December! A one-week trip to Guatemala for a small group to go and observe Juan Calvino School is possible for late summer 2012. Watch for continuing Guatemala mission updates.

- The Guatemala Planning Team

# TRASH & TREASURE

## Saturday, March 3 from 8:00am-2:00pm

Now is a great time to start saving items for our 22<sup>nd</sup> annual “Trash & Treasure Sale!” Beginning on February 19, we will begin accepting in-house donations of furniture, gently used clothing, household items, sporting goods, electronics, toys, jewelry, books, CD’s, DVD’s, artwork, and more. We have a Word document flyer that could be sent electronically to your friends and co-workers outside of Covenant. Contact Steve Royalton if you’re interested.

If you have some furniture that needs to get out of your house before February 19, call Youth Ministries Coordinator, Steve Royalton as he may have some room in his garage. We will not be accepting computer monitors or hard drives, baby cribs, baby car seats, sleeper sofas, or full sized appliances. This sale, to be held on March 3, is the only fund raiser for our high school youth traveling to the Boundary Waters and on a mission trip to St. Louis. The Youth have a fine tradition of donating 10% of the net earnings to charities through which they serve on their mission trips. Spread the news to your friends & co-workers that we NEED donations to make this a financially successful event!

*Schedule of Trash & Treasure drop-off times  
Please take donations directly to Bradfield Hall*

Sunday, February 19:	8:30am – 6:30pm
Monday, February 20:	9:00am – 8:00pm
Tuesday, February 21:	9:00am – 8:00pm
Wednesday, February 22:	9:00am – 8:00pm
Thursday, February 23:	9:00am – 8:00pm
Friday, February 24:	9:00am – 5:00pm
Saturday, February 25:	10:00am – 4:00pm
Sunday, February 26:	8:30am – 6:30pm
Monday, February 27:	9:00am – 8:00pm
Tuesday, February 28:	9:00am – 8:00pm
Wednesday, February 29:	9:00am – 8:00pm

# February 2012

## *Spiritual Growth & Educational Opportunities*



### Women of the Bible

Sundays, February 5, 19, 26 & March 4 at 9:40am  
Come and learn something new about feisty, soft spoken, determined, inspired and devoted women of the Hebrew and Greek scriptures. Esther, Deborah and Mary and more known and unknown females taught by Jessica Scholten, Deb Lind-Schmitz, John Strikwerda and Bette Duff.

**February 5: Esther with Rev. Jessica Scholten**

**February 12: Annual Meeting - No class**

**February 19: Deborah (Judges 4 & 5) with Pastor Deb**

**February 26: Tamar (Genesis 38) with John Strikwerda**

**March 4: Mary Magdalene with Rev. Bette Duff**

### We All Forget:

#### Is It Normal Aging or Should I Be Concerned?

Sunday, February 19 at 9:40am

**Facilitator: Danielle Thai, Education Coordinator, Alzheimer's & Dementia Alliance of Wisconsin**

We all forget names occasionally and misplace keys and wallets. And many of us don't feel as sharp as we used to. There is growing recognition of the importance of having memory difficulties diagnosed and treated as early as possible. But not all memory glitches signify the start of a progressive disease like Alzheimer's.

How do our memories work? What's normal and what's not normal for our brains as we age? What should we do if we're concerned for ourselves or others? These questions and more will be answered at a presentation with guest speaker, Danielle Thai, Education Coordinator for the Alzheimer's & Dementia Alliance of Wisconsin.

### Compassionate Communication

Monday, February 6 at 7:00pm

**Facilitator: Judy Von Bergen**

Would you like more harmony at home or in the workplace? We will learn new, and probably more effective ways to communicate. Each class will include review, presentation, and practice time. Join us in Room A111. If you have questions, please call Judy Von Bergen at 833-9292.

### Teens & Religion:

#### Walking With God Or Running Away?

Sundays, February 26 & March 4, 11, 18 at 9:40am

**Led by: Brad Brown**

Are the teen years typically a time when young people drift away from the church and abandon their belief in God? Not according to recent national surveys? In this class we'll look at the various religious pathways that young people take and discuss how we can best nurture the faith journeys of Covenant's own youth.

#### February 26: Walking with God or Running Away?

In our first session together we'll consider common myths about teens, including their religious beliefs, then look at common faith trajectories through adolescence.

#### March 4: Insights from Adults, Advisors & Parents

We'll ask a panel of Covenant's youth advisors what they have observed in their experience with teens in our youth groups, then compare their insights to the observations of parents and other adults attending the session.

#### March 11: In Their Own Words - Covenant Youth

#### March 18: Nurturing the Journey

## M'wauky Youth Retreats!



The Youth Connection groups will be hitting the highway for Milwaukee in February in two separate retreats. We will depart at 1:30pm on the Saturday date and return by 11:29am, on Sunday. We'll take in a flick at the IMAX dome theater, go skating on the beautiful indoor Olympic oval of the Pettit Center, indulge in some tasty late-night pizza, and stay night at Steve's former church. Cost is \$50, which includes a restaurant dinner. The Youth should bring money for breakfast at McD's. These will be the final retreats for both groups this program year.

**High School February 4-5...call Steve Royalton right away!**  
**Middle School February 18-19....sign up by Feb. 15**

### **Middle School Youth Connection Super Sunday!**

Regardless of who is playing in the big game, we will be adjusting our gathering time to 3:00-4:30, on Sunday, February 5. Come dressed the garb of your favorite team or just come to be a part of God's team! Either way...join us! Doors will lock at 3:06, due to security reasons.

### **Middle School Youth Connection Feb. 12 & 26**

Bring a friend or meet one here! Either way...join us from 4:00-5:30! Door lock at 4:06, due to security reasons.

**Please note...**that while participation in our Youth Connection programs is a requirement of traveling with us in the summer, we will NOT be making the trips the focus of our weekly gatherings for Middle School Youth Connection or High School Youth Connection. Those gatherings are open to summer travelers and those not participating in our summer trips. **Y'all come!**

### **High School Summer Trips Meeting Feb. 12**

All of the high school youth who will be taking part in our summer trips to the Boundary Waters and St. Louis are required to attend a meeting on Sunday, Feb. 12, at 6:30 pm in Bradfield Hall. PARENTS are also required to attend! We will be covering general information about the trips and go over the details of the fast approaching "Trash & Treasure Sale."

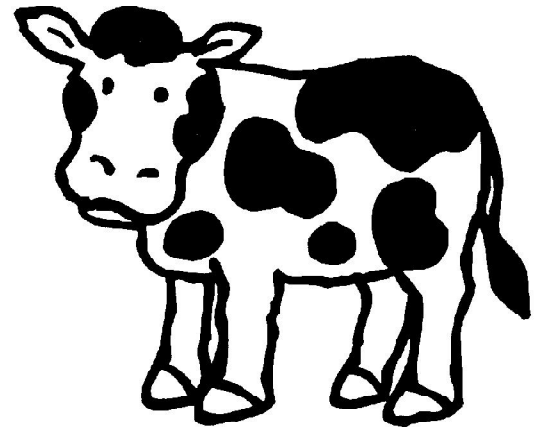
### **High School Youth Connection Feb. 19 & 26**

We are having a couple of "regular" evenings from 6:30-8:30. This is a place to share in the community of Christ with other teens and some really cool adults! Join us!

# Join the Heifer Challenge for 2012

## What is Heifer International?

Heifer International a non-profit organization that works to alleviate world hunger and poverty. HPI helps impoverished families become self-reliant by providing food and income-producing animals (such as cows, sheep, pigs, rabbits, chicks, fish, llamas, and goats) and training the families in how to care for the animals. Families "pass on the gift" by giving one or more of their animal's offspring to another family in need.



- The fundraising goal is \$4000.
- **Save your coins for the February 12 Heifer Mini-Market Sunday School banks!**
- Find the pigs hidden in the sanctuary.
- **CHALLENGE QUESTION: Name some famous pigs from books, movies, and TV shows.**

## **Lenten Activities for Children & Families**

1. Lenten Devotionals for elementary age children and for middle schoolers are available on the Coming Events bulletin board in the narthex hallway.
2. Toilet Tissue Drive to assist the Allied Drive Wellness Center, sponsored by the Health Cabinet.
3. Lenten Supper Series: Join your church family for Wednesday evening supper and worship beginning on February 29. Nursery care will be provided for infants through Kindergarten age children.
4. One Great Hour of Sharing Fish Banks will be distributed on Sunday, March 11 and collected on Palm Sunday, April 1.

Save The Week For  
Vacation Bible School!

**OPERATION OVERBOARD:**  
*Dare to Go Deep With God!*

When: Monday, June 18 - Thursday, June 21

Time: 3:30 to 5:30pm

(family supper on June 21 at 5:30pm)

Who: All 3 year olds - Fall 2012 5<sup>th</sup> graders

Join us as we dive deep into the waters of God's world and discover what it means to have deep faith.



Vacation Bible School 2012 is a collaboration with Westminster Presbyterian Church.



# MILLION POUND Challenge

“Do you not know that your body is a temple of the Holy Spirit...therefore, honor God with your body.”  
*1 Cor. 6:15, 19-20*

“Million Pound Challenge” **Exercise or loss pounds!**  
The Health Cabinet and Parish Nurse encourage you to sign up to **either** track your exercise or lose pounds! Both count towards the challenge set forth by Princeton Club. And remember, you **do not have to be a Princeton Club member** to join Covenant Presbyterian Church team! Just go to the link: [www.princetonclub.net](http://www.princetonclub.net) to find how to begin your **free** sign up. With good effort our team can become healthier to do God’s work. While we eat less and/or move more we can help share in increasing the food opportunities for others. Princeton Club and other corporate sponsors will purchase food for the Second Harvest Food Bank of Southern WI based on our exercise or weight efforts.

### Toilet Tissue Drive During Lent

The Health Cabinet is sponsoring a Toilet Tissue Drive to assist the Allied Drive Wellness Center. Collections begin Sunday, February 26 and run through Sunday, April 1.

### Blood Pressures

Blood Pressure screenings will be offered between church services in the Parish Nurse office Sunday, February 19<sup>th</sup>. Appointments may also be made during the Parish Nurse office hours on Tuesday, Wednesdays or Thursdays.

### Mark Your Calendars!

There will be a free demonstration and information available for “Chair Yoga” on Sunday Feb. 19<sup>th</sup> between church services. Watch for details in the bulletin and announcements.

### Health & Wellness Adult Education Class We All Forget: Is it Normal Aging or Should I Be Concerned? Sunday, February 19 at 9:40am

We all forget keys or names occasionally. And many of us may not be feeling as sharp as we use to feel. There is growing recognition of having memory difficulties diagnosed and treated early. How do our memories work? What should I do if I am concerned about my memory? What kinds of things could I do to help my memory? This presentation will be led by the education coordinator for the Alzheimer’s and Dementia Alliance of Wisconsin.

### Care Team Continues To Reach Out

Keeping our large church family connected is a BIG challenge. Staying in touch can be especially difficult for members who can’t get out as often as they’d like. Our Care Team, now in its second year, is helping meet this challenge. The team is always looking for members who would like extra visits or other assistance. To connect with the Care Team, call Jane Arbogast at 271-5581 or Mary Zaroufy at 277-8190.

### Alzheimer Support Group

The next meeting will be held on Thursday, February 2<sup>nd</sup> at 10:00am in the Lounge.

### Knitting and Crochet Group

Knitting and Crochet Group continues to meet. The next group meeting is Wednesday, February 1<sup>st</sup> at 10:00am in the Lounge. Prayer shawls are needed if you are looking for an new project.

### Two Yoga Opportunities:

#### Traditional Yoga on Wednesdays

“Peace be within you.” *Psalm 122:8*

Traditional floor yoga will be held Wednesdays for 9 weeks, through February 29, at 7:30pm. The cost is \$54 per series or \$8 per individual class. Checks are made out to the instructor, Gary Spann. You need to wear comfortable clothes and bring a towel or mat to class. Call the church office at 233-6297 to register.

#### Chair Yoga on Thursdays

Gary will offer a chair yoga class on Thursdays at 9:00am in Bradfield Hall for 8 weeks, through February 23. Chair yoga promotes strength, flexibility, and balance and is for all age groups. Come check it out!

# FEBRUARY 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
				10:00am Knit & Crochet Group 7:30pm Yoga 7:30pm Contemp. Service Task Force	7:30am Men Yoga 9:00am Alzheimer's Group 10:00am Men Choir 6:30pm 7:00pm		11:30am HS Retreat
<b>5</b>	8:00-10:45am Bradfield Cafe 8:30 & 10:45am Worship 9:40am Sunday School 9:40am Adult Ed Classes 4:00pm MSYC	Noon Women's Group 7:00pm Compassionate Communication	7:00pm Cong. Life Comm. 7:00pm Worship Comm.	7:00pm Health Cabinet 7:30pm Yoga	7:30am Men Yoga 9:00am Men Choir 6:30pm 7:00pm 7:00pm Adult Ed Comm.		
<b>12</b>	8:30 & 10:45am Annual Meeting 9:30am Worship 9:40am Sunday School 10:00am Heifer Mini-Market 4:00pm MSYC 6:30pm HSYC 7:00pm Soul Sisters				7:30am Men Yoga 9:00am Men Choir 6:30pm 7:00pm 7:15pm Bldg. & Grnds.		
		<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
		Annual Meeting	Mission Comm.	Yoga			1:30pm MS Retreat <i>Presbytery at West Salem</i>
<b>19</b>	<i>T&amp;T Collections Begin</i>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
8:00-10:45am Bradfield Cafe 8:30 & 10:45am Worship 9:40am Sunday School 9:40am Adult Ed Classes 2:00pm Service of Healing & Wholeness 6:30pm HSYC		Noon Women's Group 5:00pm Public Life Comm.	1:30pm Care Team 5:00pm Personnel 7:00pm Deacons	5:30pm Lenten Supper 6:15pm Worship 7:30pm Band Rehearsal 7:30pm Yoga	7:30am Men Yoga 9:00am Men Choir 6:30pm 7:00pm		1:00pm Band Rehearsal
<b>26</b>	<i>Youth Led Worship</i>	<b>27</b>	<b>28</b>	<b>29</b>			
8:00-10:45am Bradfield Cafe 8:30 & 10:45am Worship 9:40am Sunday School 9:40am Adult Ed Classes 4:00pm MSYC 6:30pm HSYC			<i>Trash &amp; Treasure Prep.</i>	5:30pm Lenten Supper 7:30pm Yoga			
		7:15am Finance Comm.	7:00pm Session				

\* Bold indicates morning activities.



Covenant Presbyterian Church  
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*Join us for the Lenten Supper Series*

## **“Encounters with Christ: Dramatic Conversations With Those Who Knew Him”**

February 29 & March 7, 14, 21 & 28  
Dinner at 5:30pm & Worship at 6:15pm

Childcare will be provided for infants through Kindergarten age children.  
Cost: Freewill donation (\$5 suggested for adult, children are free).

During the season of Lent, we take time to remember Jesus' journey to the cross, and to consider our own individual journeys of faith. Each Wednesday evening during the Lenten season, we will gather to share a meal together, followed by a short worship service featuring dramatic presentations by people who had encounters with Jesus. Members and non-members are invited to attend to reflect on our faith, to grow closer with Christ and to gain a deeper understanding of His love for us.

Sign up on the *Coming Events* bulletin board or call the church office at 233-6297.

### **Toilet Tissue Drive**

Please remember to bring toilet tissue with you to any of the Lenten activities to assist the Allied Drive Wellness Center, sponsored by the Health Cabinet.

## **Ash Wednesday February 22**

**Supper at 5:30pm &  
Worship at 6:15pm**

As we begin our Lenten journey, you are invited to join us for a simple soup and bread supper, followed by an Ash Wednesday Worship Service. Pastor Deb will be preaching as we prepare ourselves for our Lenten journey, seeking the promise of forgiveness and grace found in Jesus' journey to the cross - and beyond.