

January 15, 2010

# Caravan Highlights

## **Concert Scheduled for February 4**

The Madison Symphony Orchestra League invites the members and friends of Covenant Church to join them for a MSOL Concert Preview on February 4, which begins at 9:30am in Covenant's sanctuary. The concert preview will feature Samuel Hutchison, organist, who will discuss and play music to be featured at the Madison Symphony Orchestra Concerts on February 5-7. An informal reception with light refreshments will follow the concert preview. Please contact Mary Kieta at 233-6297, if you plan to attend.

## **Opportunity to Donate to The Covenant Juan Calvino Scholarship Fund**

Juan Calvino School in Santo Domingo, Guatemala, which Covenant helps support, will be opening for the fifth year in mid-January 2010, after our mission trip there January 9-16. The worldwide recession is still severe in Guatemala, making it difficult for parents to afford even part of the tuition and fees. If you would like to help support a child in 2010, kindergarten through 4th grade, with a scholarship to attend the school, you may donate any amount (\$350 provides a scholarship for one year for one child), make the check payable to Covenant and note it is for the Dedicated Juan Calvino Scholarship Fund. If you would like to know something about the child you are supporting, or more information about this project, please contact Ginger McIntosh or Peggy Bugg.

## **Volunteers Needed**

Volunteers needed for February Meals on Wheels. Contact Kathy Schlimgen at 238-4067 or e-mail [kaschlim@gmail.com](mailto:kaschlim@gmail.com).

## **Lay Reader Disciples Invited**

The Worship Committee invites you to participate in our worship services by serving as a lay reader. The lay reader is asked to lead the Prayer For Illumination, read one of the scripture lessons and deliver the charge at the service conclusion. All materials are provided for you, no composing is necessary, unless elected. Enhance your children's worship experience by inviting them to take part with you; ask your spouse or a friend. The schedule is posted on the bulletin board outside the main office or call Mary Kieta at 233-6297.

## **NEWSLETTER DEADLINES**

<u>Caravan Edition</u>	<u>Due Date</u>
February 1 <sup>st</sup> Edition	Friday, Jan. 22
February 15 <sup>th</sup> Edition	Friday, Feb. 5

Articles can be e-mailed directly to Molly H. MacVenn at [mhartman@covenantmadison.org](mailto:mhartman@covenantmadison.org) or dropped off in the church office.

## **January 2010 Preaching Schedule**

### Sunday, January 17

Pastor Lin Grace Rohr will be preaching on "Faith & Race Relations: Learning from Mistakes - Our Own and Others" as we recognize Martin Luther King Jr. day.  
*Texts: Luke 4:1-13 and Colossians 3:1-11*

### Sunday, January 24

Guatemala Mission Team will inspire us as they share from their recent trip!

### Sunday, January 31

Pastor Lin Grace Rohr will be preaching on "Discerning the Time: What Time is it at Covenant?"  
*Texts: Jeremiah 1:4-10 and Ecclesiastes 3:1-3*

## **January 17-31 Activities**

### Saturday, January 16

Guatemala Team Returns

### Sunday, January 17

Blood Pressure Screening

### Monday, January 18

*Church Office Closed in Observance of Martin Luther King Jr.'s Birthday*  
Journaling Class at 7:00pm

### Tuesday, January 19

Personnel at 5:00pm  
Deacons' Meeting at 6:30pm

### Thursday, January 21

Building & Grounds Committee at 7:00pm

### Tuesday, January 26

Session Meeting at 7:00pm

### Sunday, January 31

Heifer Project Fundraising Begins

## Church Office

Monday - Friday from 8:30am to 5:00pm  
Phone: (608) 233-6297 Fax: (608) 233-6489  
Website: [www.covenantmadison.org](http://www.covenantmadison.org)  
E-mail: [info@covenantmadison.org](mailto:info@covenantmadison.org)

## Sunday Worship Schedule

8:00am-10:45am Bradfield Cafe  
8:30am Worship  
9:40am Christian Ed  
10:45am Worship

*Nursery care is provided for children under three years.*

## Covenant Staff

**Pastor, Lin Grace Rohr**  
[lrohr@covenantmadison.org](mailto:lrohr@covenantmadison.org)

**Pastor Emeritus, William T. King**

**Youth Ministries, Steve Royaltton**  
[sroyaltton@covenantmadison.org](mailto:sroyaltton@covenantmadison.org)

**Children's Ministries, Donna Monson**  
[dmonson@covenantmadison.org](mailto:dmonson@covenantmadison.org)

**Parish Nurse, Mary Ircink**  
[mircink@covenantmadison.org](mailto:mircink@covenantmadison.org)

**Melissa Hinz, Music Coord./Adult Choir Director**  
[mhinz@covenantmadison.org](mailto:mhinz@covenantmadison.org)

**Mary Cole, Children's Music Coordinator**  
[mcole@covenantmadison.org](mailto:mcole@covenantmadison.org)

**Organist, Douglas McNeel**  
[dmcneel@covenantmadison.org](mailto:dmcneel@covenantmadison.org)

**Office Administrator, Mary Kieta**  
[mkieta@covenantmadison.org](mailto:mkieta@covenantmadison.org)

**Admin. Asst./Financial Sec., Steven Webster**  
[swebster@covenantmadison.org](mailto:swebster@covenantmadison.org)

**Communications Coordinator, Molly H. MacVenn**  
[mhartman@covenantmadison.org](mailto:mhartman@covenantmadison.org)

**Custodial Staff: Dave Johnson & Eddie Quinn**

## Cares, Concerns & Joys

We extend prayers to the following members and friends of Covenant:

**Howard Adams, Keith Brink, Nathan Buttel, Miriam Cervený, Steve Coons, Audrey Dean, Lucia Gronbeck, Eleanor Jones, Ron Koenig, Margaret Lehmann, JoAnn Malas, Jeanne Maruska, Mike Morgan, Jeanne Rebholz, Lois Selix, Tosha Songolo, Betty Stevenson, Linda Taylor, Patty West**

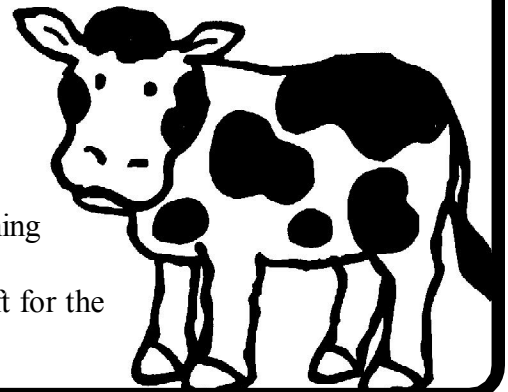
Jane Acquaviva, sister of Fern Kanitz, Hildi Boeck, friend of Noel & Dick Pearson, Del & Debbie Braaksma and the RECONCILE ministry team serving in the Sudan, Thelma Carper, mother of Jan Swartz, Rob Comeau, friend of Joann & Gary Pivotto, Richard Coons, father of Steve Coons, Brenda Costin and family, niece of Rose Severson, Donna Curtis, friend of Patty West, Juanita Doan, sister of Rose Severson, Gary Enderle, father of Gordon Enderle, Alison Girard and family, stepsister of Eric Girard, Martha Grabbit, mother of Peggy Bugg, Kay & Tom Hannum, parents of Judy Von Bergen, Brad Heck, uncle of Marit Sathrum, Cynthia & David Hershberger, parents of Linda Dolan, Shirley Hill, Presbyterian missionary, Art Howard, uncle of Barb Larsen, Chon Hutchison, daughter-in-law of Ruth Hutchison, The Kahl family, friends of the Whayland family, Lisa Kann and the Hendrickson family, friends of Jesse & Andrea Chandler-Dreher, Shirley Knuth, aunt of Lee Jones, Robert Kozarek, friend of Lynda Sharpe, Barbara Lanfer, daughter of Laurie Fox, Linda Anderson-Little, sister-in-law of Deb Cohn, Sgt. Peter MacVenn, husband of Molly Hartman MacVenn, Bill McClure, brother-in-law of Rose Severson, Dorothy Schaefer Mehring, mother of Bob Schaefer, Eric Miller, Covenant friend and missionary to Kenya, Emilie Nguidjol, mother of Emilie Ngo-Nguidjol, Family of James Ogbeide, friends of Emilie Ngo-Nguidjol, Ann Olsen, friend of Kathryn Arndt, Marine Oriyn, friend of Kathryn Arndt, Marian Oskin, mother of Pat Aune, The Rev. Amy Perkins, moderator of the John Knox Presbytery, Neil Phelps, brother of Judy Stevenson, Carla Phillips, daughter-in-law of Lucy Phillips, Kandie Pieratt, sister of Cindy Blewett, Corp. Tyler Rascoe, grandson of Rose Severson, Len Rush, friend of John Daly, Mike Smith, friend of Christine Barden, John Van Ess, brother of Vicki Alexander, Andrea Williams, cousin of Mike Morgan, Roy Zimmerman, uncle of Fern Kanitz, Ito and Jorgito Asencion-Talio

# General Announcements

## **HEIFER PROJECT INTERNATIONAL** **Fundraising Begins!**

Cows! Pigs! Rabbits! Chicks! Llamas! Sheep! Water Buffalo! Watch for these animals in the hallways of Covenant as fundraising for Heifer Project International begins on Sunday, January 31.

- What is Heifer Project International? HPI is a non-profit organization that works to alleviate world hunger and poverty. HPI helps impoverished families become self-reliant by providing food and income-producing animals (such as cows, sheep, pigs, rabbits, chicks, llamas, and goats) and training. Families “pass on the gift” by giving one or more of their animal’s offspring to another family in need.
- The fundraising goal for 2010 is \$5,000 to get a Heifer Ark, which has two of each animal.
- Sunday school classes study a Heifer Project animal for three weeks and then display what they have learned at the February 14 Heifer Mini-Market
- **Save your coins for the February 14 Heifer Mini-Market Sunday School banks!**
- Watch for the **Cow in the Courtyard** AND a **Sheep in the Snow**.
- Visit the **Heifer Project Information Table** in the Bradfield Café on January 31 and February 14.
- Draw animals on the windows outside of the Bradfield Café beginning Sunday, January 31.
- The Stewardship Council has generously contributed a matching gift for the fundraising.



### **Youth Connection!**

It’s a great time to jump in and get connected to the Youth Ministry at Covenant! Both groups are rolling on **Sundays, January 17, 24, & 31**. Join us for a variety of cooperative group games, Small Group discussions, tunes, devotions, and more. Our program is open to members and non-members alike, so bring a friend if you wish! Note: due to security reasons, we lock our doors 6 minutes after our scheduled starting times. **MSYC: 4:00-5:30pm & HSYC: 6:30-8:30pm**

### **High School Youth to Milwaukee!**

Yah, ‘der hey...we’re going to M’wauky February 6-7. On the schedule: IMAX Dome Theater, dinner at Turner Hall, Milwaukee Bucks basketball game at the Bradley Center, and overnight at Steve Royalton’s former church. Cost is \$50 for everything. Participants should sign up by February 3.

### **“Exodus” to Lead Music in Worship Jan.31**

Our contemporary band “Exodus” will be in worship at both services on January 31. The group is comprised of 6 high school youth and 2 adults.

### **“Trash & Treasure” Season is Coming!**

NOW is the time to be saving items for our annual “Trash & Treasure Sale!” Donations of furniture, household items, gently used clothing, small electrics, sporting goods and more will be accepted in-house beginning **Sunday, February 21**. Call Youth Ministries Coordinator, Steve Royalton for large item pick-ups. We don’t accept full-size appliances, baby cribs or car seats, or computer equipment. The big sale is Saturday, March 6. This event is the only fundraiser being done by our high school youth traveling to the Boundary Waters and the mission field of the Rosebud Indian Reservation this summer, AND...it’s a LOT of fun!



# *Caravan Highlights*

*Covenant Presbyterian Church*

*326 S. Segoe Road*

*Madison, WI 53705-4987*

*(608) 233-6297*

**Non-Profit Organization**

**U.S. Postage PAID**

**Madison, Wisconsin**

**Permit No. 1718**



## Health & Wellness January Classes



### **PACE Exercise Program - January 12 - March 30**

“People with Arthritis Can Exercise” begins on Tuesday, January 12 at 11:00-11:30am and goes through March 30. It will be held in the Queen of Peace Parish Center, 401 S. Owen Dr. During the 12 weeks, participants will experience a series of gentle movements and activities designed to increase mobility and range of motion. Diane Fronck, certified instructor, will teach the class. Pre-registration is necessary and a physician information form is required if you are new to this class. The cost is \$36. Please call Heather Crade, Parish Nurse at 663-2996 to register.

### **Why is Vitamin D Important? - January 17**

Join Dr. Neil Binkley on January 17 at 9:40am. Vitamin D deficiency is extremely common due to our lifestyle of sun avoidance and near absence of this vitamin in food. Inadequate vitamin D status increases the risk for osteoporosis, falls and fractures. More recently vitamin D deficiency has been associated with an increase risk of cancer, cardiovascular disease and multiple other chronic conditions. A daily intake greater than the currently recommended 400 IU is needed to assure vitamin D adequacy.



### **Yoga - Wednesdays through February 24**

The next Yoga session begins Wednesdays, January 6 - February 24 at 7:30pm at Covenant. The cost is \$48 for entire session or drop in fee of \$8 for single class payable to Instructor, Gary Spann.