

Health Cabinet Sponsored Classes

Covenant's Health Cabinet sponsors adult education classes highlighting health and wellness topic throughout the year. Please refer to the Adult Education brochure for current classes.

Health Cabinet Mission Statement

The Health Ministries program encourages each person's physical, emotional, and spiritual well being in relationship with God and one another. The program strives to strengthen and improve the health of the congregation and community by offering opportunities to nurture health, wellness and healing.

Staff

Lin Grace Rohr: Pastor
William T. King: Pastor Emeritus
Steve Royalton: Youth Ministries
Donna Monson: Children's Ministries
Mary Ireink: Parish Nurse
Melissa Hinz: Adult Choir Director/Music Coordinator
Douglas McNeel: Organist
Mary Cole: Children's Choir Director
Mary Kieta: Office Administrator
Steven Webster: Admin. Asst./Financial Sec.
Molly Hartman: Communications Coordinator
Nancy Stapay: Administrative Deacon
Dave Johnson: Custodian
Eddie Quinn: Weekend Custodian & Groundskeeper

Health & Wellness Ministry

is committed to . . .

- Supporting ministries that care for the body, mind and spirit.
- Presenting wellness courses and screenings based on identified needs and interests of congregation members.
- Providing support and direction for the Parish Nurse.



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Health & Wellness Ministry

Mental Health
Awareness Day

In September of each year, Covenant's Health Cabinet highlights special mental health topics.

Annual Flu Clinic

Home Health United offers flu shots in November of each year to Covenant members and friends for a fee.
(Medicare Plan B and Medicaid accepted)

Holiday Breakfast

Anyone who has lost a loved one is invited to participate in a remembrance holiday breakfast and brief candlelight service in December of each year.

Blood Pressure Screenings

Free blood pressure screenings are offered once a month on Sundays or by appointment by Covenant's Parish Nurse.

Alternative Transportation
Sunday

Each May, the Health Cabinet sponsors this event to encourage members and friends not only to exercise, but also to be good stewards of health and the environment. Members are invited to dress casually for the last day of Christian Education. Watch The Caravan for details about this event!

Knit & Crochet Ministry

Whether you already know how to knit or crochet or not, this group is for you! We even have extra knitting needles and yarn so you can learn from one of the experienced participants. The group meets the first Monday evening of each month to work on prayer shawls for Covenant members and other special projects for the community.

Living with Chronic Illness

A faith-based group composed of Madison church members for those living with chronic illnesses (heart disease, diabetes, cancer, arthritis, etc.) The purpose of this monthly group is to form community, strengthen faith share experiences when a person's life is changed by various health conditions.

For more information on Health & Wellness Programs or if you would be interested in presenting a topic please contact Parish Nurse, Mary Ircink at 233-6297 ext. 22 or e-mail mircink@covenantmadison.org.